



WE BUILD CHAMPIONS



SUPPLEMENT FACTS

Serving Size: 40 g (1 full scoop)

Servings per Container: 75

Flavour: White chocolate

Typical Nutritional Values

	/100g	/40g
Energy	390 kcal/1631 kJ	156 kcal/652 kJ
Fat	1,4 g	0,6 g
- saturates	1 g	0,4 g
Carbohydrates	68,3 g	27,3 g
- sugars	61,9 g	24,8 g
Proteins	21,9 g	8,8 g
Salt	0,22 g	0,09 g
Creatine monohydrate	1500 mg	600 mg
Creatine pyruvate	500 mg	200 mg
- Total pure creatine	1600 mg	640 mg
L-Glutamine	1000 mg	400 mg
Maize starch	1000 mg	400 mg
L-Tyrosine	500 mg	200 mg
Taurine	500 mg	200 mg

INGREDIENTS: Dextrose, milk proteins (whey protein concentrate (contains milk), milk protein isolate, whey protein isolate (contains milk), maltodextrin, skimmed milk, creatine monohydrate, flavour, fructose, maize starch, L-glutamine, taurine, L-tyrosine, creatine pyruvate.

ALLERGEN INFORMATION: milk

▶ QUICK MUSCLE GAIN

This advanced gainer is scientifically formulated to increase muscle mass along with body strength. The strong complex high-calorie gainer containing powerful muscle nutrients like Amino Blast, Creatine, Glutamine, etc. helps you recover from the most hardcore workouts and grow your muscle.

- ▶ HIGH IN FAST AND SLOW ACTING PROTEIN
- ▶ RAPID-ABSORBING L-GLUTAMINE, TYROSINE AND TAURINE
- ▶ INTENSE ADVANCED CREATINE COMPLEX (PYRUVATE AND MONOHYDRATE)
- ▶ FLAVOURS: MILK CHOCOLATE, WHITE CHOCOLATE
- ▶ PACKAGING: 3KG
- ▶ USE: TAKE EACH DAY 120G (3 SCOOPS) IN 300ML WATER AFTER TRAINING

This food supplement should not be used to replace a balanced and varied diet and a healthy way of life. Keep away from young children. Do not exceed the recommended dose.

