



WE BUILD CHAMPIONS



SUPPLEMENT FACTS

Serving Size: 30g (1 full scoop)
Servings per Container: 34 pancakes

Typical Nutritional Values

	/100 g	/30 g
Energy	418 kcal (1750 kJ)	125 kcal (525 kJ)
Fat	15,5 g	4,7 g
- saturates	4,6 g	1,4 g
Carbohydrates	37,2 g	11,2 g
- sugars	2,5 g	0,7 g
Fibers	5,18 g	1,6 g
Proteins	36,7 g	11 g
Salt	0,76 g	0,23 g

INGREDIENTS: Oat flour, egg powder, whey protein isolate (contains **milk**), **milk** protein concentrate, dextrose, fructose, sodium chloride, thickeners: E466/E415, raising agent: E500, sweeteners: E955/E950, cinnamon extract, flavour.

ALLERGEN INFORMATION: milk, gluten, egg.



PANCAKE WITH HIGH PROTEIN BLEND

High protein pancakes are the perfect option for those leading sport and healthy lifestyle. QNT Pancake is formulated to provide you with energy and nutrition when you need it most. With a great balance of protein and carbohydrates, our pancakes are an excellent addition to any meal.



HIGH PROTEIN BLEND INCLUDING WHEY ISOLATE



LOW FAT AND HIGH IN FIBER



FLAVOURS: NONE



PACKAGING: 1020 G



USE: FOR ONE PANCAKE, MIX 1 FULL SCOOP (30 G) WITH 60 ML SKIMMED MILK OR WATER. MIX VIGOROUSLY UNTIL IT RESEMBLES A CLASSIC PANCAKE BATTER.