



WE BUILD CHAMPIONS



SUPPLEMENT FACTS

Serving Size: 50 g
Servings per container: 20

Typical Nutritional Values

	/50g	/100g
Energy	163 kcal (680 kJ)	325 kcal (1359 kJ)
Protein	<0,01 g	<0,1 g
Carbohydrates	40,6 g	81,3 g
Fat	<0, 01 g	0,01 g
Waxy Maize Starch	2000 mg	4000 mg
Creatine Monohydrate	2000 mg	4000 mg
Beta Alanine	1000 mg	2000 mg
Taurine	750 mg	1500 mg
Malic Acid	600 mg	1200 mg
Tri-Creatine Citrate	500 mg	1000 mg
Creatine Pyruvate	500 mg	1000 mg
Vit. C (112,5% RDA*)	90 mg	180 mg
Chromium (62,5% RDA*)	25 µg	49 µg

*Recommend Daily Allowance

INGREDIENTS: dextrose, maltodextrine, anti-caking agents E551 & E341, waxy maize starch, creatine monohydrate, beta alanine, taurine, flavour, malic acid, tri-creatine citrate, creatine pyruvate, vitamin C, sweetener E955, colour E124, chromium picolinate.



PHYSICAL PERFORMANCE

This advanced formula is a blend of 3 creatines among which creatine monohydrate. Creatine X3 Elite helps to increase physical performance in successive burst of short-term, high intensity exercise. Every serving contains waxy maize starch, beta alanine, taurine, chromium and vitamin C. This product is ideal to consume before training.

- ▶ POWERFUL ADVANCED FORMULA
- ▶ THREE TYPES OF CREATINE
- ▶ HELPS INCREASE STRENGTH LEVELS
- ▶ FLAVOUR: FRUIT PUNCH
- ▶ PACKAGING: 1KG
- ▶ USE: MIX DAILY 50G WITH 300ML OF WATER DURING 4 WEEKS